

# PERSONAL GUIDANCE MAKES IT EASY

Helping you save and stay healthy



## Now it's easier for you to take control of your health and health spending.

Cigna One Guide service can help you make smarter, informed choices and get the most from your plan. It's our highest level of support that combines the ease of a powerful app with the personal touch of live service. One Guide personal support, tools and reminders can help you stay healthy and save money.

### Your One Guide team is a click or call away to help you:

#### Understand your plan

- › Know your coverage and how it works
- › Get answers to all your health care or plan questions

#### Get care

- › Find an in-network doctor, lab or urgent care center
- › Connect to health coaches, pharmacists and more
- › Stay on track with appointments and preventive care
- › Take advantage of dedicated one-on-one support for complex health situations

#### Save on care

- › Learn ways to save and get the most value from your plan
- › Get cost estimates and service comparisons to avoid surprises



**Start using the Cigna One Guide service today - by app, chat or phone.**

Download the myCigna<sup>SM</sup> app\* or call the number on the back of your ID card to talk with your personal guide.



**Together, all the way.®**



Offered by: Cigna Health and Life Insurance Company or Connecticut General Life Insurance Company.

# HEALTH INSURANCE



Cigna

Rolfson Oil offers employees the option to purchase affordable, qualified medical coverage. Each plan provides in and out of network coverage, however your out-of-pocket cost will be much lower when care is received in-network. For additional plan details, please reference your summary of benefits & coverage document or inquire with human resources.

| HEALTH COVERAGE HIGHLIGHTS | \$6,00 HSA | \$3,000 HSA | \$1,500 OAP |
|----------------------------|------------|-------------|-------------|
|                            | In-Network | In-Network  | In-Network  |

| Annual Deductible (embedded**) |          |         |         |
|--------------------------------|----------|---------|---------|
| Individual                     | \$6,000  | \$3,000 | \$1,500 |
| Family                         | \$12,000 | \$6,000 | \$4,500 |

| Annual Out-of-Pocket Maximum (embedded**) |          |          |         |
|---|----------|----------|---------|
| Individual                                | \$7,000  | \$5,000  | \$4,500 |
| Family                                    | \$14,000 | \$10,000 | \$9,000 |

| Covered Services       |                      |                      |                          |
|------------------------|----------------------|----------------------|--------------------------|
| *Preventive Care       | No Charge            | No Charge            | No Charge                |
| Virtual Care – MD Live | 20% after deductible | 20% after deductible | \$10 copay               |
| PCP / SPEC / UC        | 20% after deductible | 20% after deductible | \$30 / \$60 / \$60 copay |
| Emergency Room         | 20% after deductible | 20% after deductible | 20% after deductible     |
| Inpatient Facility Fee | 20% after deductible | 20% after deductible | 20% after deductible     |

| Prescription Drugs           |                        |                      |              |
|------------------------------|------------------------|----------------------|--------------|
| Tier 1 - Generic             | Ded. then \$15 copay   | 20% after deductible | \$15 copay   |
| Tier 2 – Preferred Brand     | Ded. then \$50 copay   | 20% after deductible | \$50 copay   |
| Tier 3 – Non-Preferred Brand | Ded. then \$70 copay   | 20% after deductible | \$70 copay   |
| Tier 4 – Specialty           | Ded. then 30% to \$350 | 20% after deductible | 30% to \$350 |

*Mail-order prescription drugs are covered at 2.5x the retail copay for a 90-day supply*

\*Preventive care visits are covered at 100%, however diagnostic tests that are not deemed preventive will be subject to the deductible and co-insurance.

\*\*Embedded deductible and out-of-pocket maximum mean an individual enrolled with dependent(s) must only satisfy their individual deductible or out-of-pocket maximum instead of the entire family maximums.

Call Cigna’s One Guide Pre-Enrollment Hotline prior to enrolling at 1-888-806-5094 Group #627481

Out-of-network benefits are also covered; however, your out-of-pocket costs are higher, and you will not receive a network discount, so please confirm network status prior to receiving care.